THE BLONDIES 4 W1 CAPTAINS!

I'm Esme a current second year Graphic Design student and have been on Leeds first team for the past two years! I have played pretty much every position except for setter (I cannot volley!)

I'm Lauren a current second year Sports Science student and moved to the first team this year playing outside and soon to be middle (not my choice!)

We have loved playing in the team so much this year and cannot wait to lead the team into the prem next year, we'll try not to get thrashed every game!

WHAT WE PROMISE TO DO:

- Show up to EVERY training session!
- Organise all transport and ensure information is provided to the team in advance!
- Bring a speaker to every game with a great prematch playlist!
- Make sure no leeds balls are taken away from us!
- Being the loudest supporters for the team (we will be your very own hypewomen!)
- Create a strong team ethic! Get everyone to the socials, host team pres, have team dinners!
- · Get everyone doing the Gryphon!



OUR VOLLEYBALL TOXIC TRAITS AND SLAYS

ESME

- Saying slay after every touch
- Taking the free balls from libero (sorry Em and Eve!))
- · Constantly on the floor
- Getting out of middle position

LAUREN

- Still doesn't know middle rotations
- Training hanging
- · Scariest serve
- Best sheet scorer