

Jack Runchman for Men's Polo Captain

Why you should vote for me:

With 8 years of experience in the sport, I think I have a lot to offer for the role of captain. At my school, I captained for a year and thoroughly enjoyed the responsibility. I was a key member of my old team and having played in every match this year, I feel I play an important role in this team as well (don't let Will Hardie read that, he might make me eat another raw egg). My position as goalkeeper also gives me an advantage as it plays a significant role in the organisation of our defence and many great goalkeepers are captains of their teams, at club and national levels.

As well as playing every minute of every match, I try my utmost to be at every social and I can't wait to be a senior so I can carry on the traditions and games I have come to love this year.



What will I bring to the pool:

I have been lucky enough to be coached by people with incredible experience of the game, including the head coaches of the England water polo academy and the U19 Belgium national team well as a men's England national team goalkeeper. This means I can bring new training exercises and mix these with those that Jamie has worked on for the last year.

As this is the first year without covid, I think next year should capitalize on our increased ability to organise team meals as I remember after the first match, I really enjoyed spending time with the team, and it really helped me for the rest of the year to connect with the other lads.

Something I am thinking of introducing is team awards every semester to celebrate the achievements of players of all levels. When I joined the team and started playing as goalkeeper, it meant an awful lot whenever someone said I was doing well so I would like the new freshers to get that same feeling.

