# Because neurodivergence is not a disability, it is a difference.

### **Disability Services**

**Disabled Student Support Summary** 



Disability Information	
Disability	Attention Deficit Hyperactivity Disorder (ADHD)

#### Context and impact

## Ilana has a diagnosis of ADHD. Students with ADHD commonly experience the following:

- Inattentiveness both in receiving information and producing work
- Hyperactivity
- Impulsiveness
- Difficulties processing, understanding and retaining information
- Differences in executive function (thinking, planning and undertaking tasks)
- · Restlessness, speaking out of turn, interrupting others
- Forgetfulness
- · Regulating mood requires additional effort
- Difficulties managing stress

#### They may need support with:

- Staying on task and maintaining focus
- Starting and finishing tasks
- Organisation self and studies
- Understanding and interpreting instructions and assignment briefs
- · Managing conflicting demands
- Confidence
- · Using communal study spaces

Issues may be more pronounced in busy environments or when managing multiple priorities.





VOTE FOR ILANA
AS PRESIDENT

 $FOR \begin{tabular}{l} less stigma and more understanding \\ reconcilement and no more alienation \\ \end{tabular}$