



JADE NUTTALL

PRESIDENTIAL CV

WHO AM I?

I am a performance swimmer going into my final year of mathematics in September. I've always loved swimming and I will be starting water polo after Varsity.



SKILLS

COMMUNICATION

As Performance captain, I have developed excellent communication channels with The Edge. This has resulted in many successful competitions being organised. I will carry forward this great line of communication which is essential for the smooth running of the society.



HARDWORKING

I have shown a great work ethic through leading the performance squad as well as prioritising my degree.

EXPERIENCE

PERFORMANCE CAPTAIN • UNI OF LEEDS • 2020 - 2022

I have been the Performance Captain for the last 2 years, so I have plenty of experience on how the committee operates. I understand completely how the swimming side of the society runs from Performance right through to Development.

VICE CHAIR • LEEDS UNIVERSITIES AQUATICS SWIM ENGLAND CLUB (LUASEC) • 2021 - 2022

I have been appointed as the Vice Chair of the LUASEC this year. Managing the club, I now understand the process of entering our swimmers in both BUCS and external competitions as an ASA registered club.

MY PLANS

RESPONSIBILITIES

I will carry out all the required duties of President to a high standard as outlined by the LUUSWP committee roles 2022/2023.

CHARITY

I hope to build on all our charity work this year and work with our charity sec to create some more exciting events. I have shown my ability to create and organise charity events by creating the 10K a day challenge, to raise money for our club charity MIND.

EQUALITY, DIVERSITY AND INCLUSION (EDI)

I will continue our EDI program and work with our welfare team to create opportunities for all our members. I will ensure everyone from all backgrounds, feels welcome and comfortable to join our society and create a positive student experience for all.

LUASEC

- I will use my position as Vice Chair of the LUASEC and President to build our university team from all swimming squads in our society, to compete in more external competitions.

- I will create a LUASEC Water polo team so we can compete in external water polo leagues.

STRENGTH & CONDITIONING

My aim is to give all our squads time in the gym! I know S&C was much loved by the water polo players in my first year so I want to re-introduce this for our polo squads. I want to ensure the full S&C course is implemented for Performance as I know how beneficial this is for their program. I will also work with the captains to introduce TRIB3 sessions to our Comp and Dev swimmers.

ORGANISED

I used to train 8 times a week whilst balancing this with my academic studies. I have developed great organisational skills which are important in meeting deadlines.

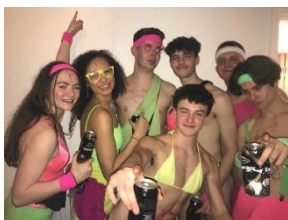


AVAILABILITY

I'll still be a student next year, therefore I can be adaptable, make time for you all and listen to any suggestions you bring into our society.

SOCIABLE

I am committed to working with everyone! I am approachable and will listen to everybody to ensure you are included and have your voices heard.



LEADERSHIP

As Performance captain, I have developed strong leadership skills which will be invaluable as President.

TEAM PLAYER

I will carry on working hard with the other committee members to support everyone and make sure SWP continue to produce amazing results.



SWIMMING TRAINING

- Throughout the year I have been in contact with Leeds City Council to arrange long course training for the Performance squad. As President I will work with Jacob to ensure this happens.

- I am aware Comp and Dev need some more pool space and earlier training sessions. As President, I will work with The Edge to amend our training timetables to help all our squads.

- Start blocks will be introduced for a minimum of one session a week. Diving skills and take-over practice will then be incorporated into our training programs.

- To create a structure for progression through our squads, I will increase involvement of our coaching scholars, potentially focusing on race prep for Comp, and skills & fitness for Dev.

- I will organise more friendly, internal and external competitions for our Development squad. It's time they show off their skills! I will use my position as Vice Chair of LUASEC to get as many swimmers as possible competing for our club!

- With these new Development responsibilities, I would also look to introduce a Development captain, to ensure Dev are getting the attention they require to progress their swimming abilities.

WATER POLO TRAINING

As Performance captain I have developed a good relationship with The Edge and I will use this to take forward water polo's request for an extra training session with the goals set up.

- The appointment of Connor, our new water polo coach, has been extremely beneficial. Working with the captains, we can improve the way we utilise Connor, potentially by focusing his attention on developing the skills of our beginner players, whilst allowing the captains to improve and progress their first team skills and tactics.

SOCIALS

I am very sociable and have attended nearly all SWP socials since I started university. I therefore have a strong understanding of both the sports and social side of the society. I will work with the social secs to make socials bigger and better. I will incorporate sober socials and team meals in our social calendar to improve team bonding and make the society inclusive for all.

I LOVE OUR SWP FAMILY!

I will put in the time and effort to make sure everyone feels welcome and involved and has the best time ever in our society!

