

VOTE ISSIE FOR WELFARE



AS YOUR WELFARE REPRESENTATIVE FOR 2025/2026 MY MAIN AIM IS FOR MODERN DANCE TO BE A HAPPY, HEALTHY AND INCLUSIVE SOCIETY. I WILL ALLOW FOR A WELCOMING APPROACH FOR OUR SOCIETY AND NO MATTER THE SITUATION I WILL BE HAPPY TO HELP ANYONE. I WILL ALWAYS BE THERE FOR EVERYBODY, BOTH PHYSICALLY AND MENTALLY AND MY BIGGEST ASPIRATION IS FOR EVERYONE IN THE SOCIETY TO BE COMFORTABLE TO TALK TO ME AND OTHERS WITHOUT JUDGEMENT AND THAT EVERYBODY FEELS CARED FOR :).

MY MISSION AS A WELFARE REP FOR 2025/2026

INCREASED NUMBER OF SOBER SOCIALS

WELFARE WEDNESDAYS

MENTAL HEALTH WORKSHOPS:
ORGANISE SOBER SOCIALS SUCH AS YOGA
TO DE-STRESS BEFORE COMPS AND SHOWS

ANNOYING GOOGLER FORM FOR
ANYONE WHO WISHES FOR ADVICE BOTH
MENTALLY/PHYSICALLY

CONTINUATION OF MINDFUL MONDAYS

POSITIVE POSTCARDS: BEFORE AND AFTER
SHOWS/COMPS, HAVE A CHANCE FOR EACH OTHER
TO WRITE POST CARDS ANNOYINGLY
COMPLIMENTING SOMEONE. THESE CAN BE GIVEN
OUT IN CLASS AND A GREAT WAY TO BOOST
CONFIDENCE AND POSITIVITY :)



FUN FACT:
I WORK AS A CARER WHILST
IN LEEDS, SO IM PERFECT FOR
THE JOB HA HA

