

# Rory Taylor

## for Men's Performance Captain

### 2022/23



### Why you should vote for me

- ◇ I am still making personal improvements in swimming, something I wish to see occur with others more often in future
- ◇ Helped Jade in the turbulent "Zeb basically mf died" period by assisting with team selection for Duel in the Pool
- ◇ My housemate bullies me for doing too much swimming
- ◇ I turn up early on Friday morning to help Jacob put the blocks in
- ◇ I have committed to every gala and competition, including non-required competitions like Yorkshire counties and Northeast Regionals
- ◇ Good relationship with Jacob

### Pros

- ◇ Had to learn to swim because I still can't touch the bottom of the pool (shallow end)
- ◇ Massive Warm-up Warrior
- ◇ Incredible performance athlete's diet (including, but not limited to, Garlic Bread and McNuggets)
- ◇ Thought of 3 pros

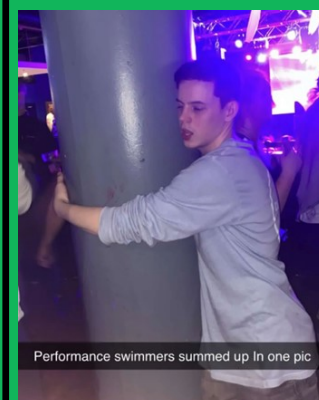
### Cons

- ◇ Inability to swim Breaststroke
- ◇ Can't hack a Carling
- ◇ From Portsmouth



### Plans and Goals for Next Year

- ◇ Meeting all the requisite criteria and carrying out all roles listed as a *minimum* by the LUUSWP Committee Roles 2022/23
- ◇ Between the whole squad next year, break 5 University records
- ◇ Maintaining a high level of communication between Captains, Coach and Swimmers to ensure everyone is consistently up to date with competition and training information (ideally with bi-weekly updates as a minimum)
- ◇ Increase number of swimmers at regular competitions (Yorkshire counties, Northeast Regionals, SC Nationals etc.) via the Leeds University Aquatics Swim England Club
- ◇ If the opportunity to train Long Course arises, I will be more than ready to personally transport swimmers to ensure we make as best use of this opportunity as possible
- ◇ Personally, attending as many sessions as possible to ensure I build a strong, friendly relationship with all swimmers to bolster the team mentality and cohesion
- ◇ Liaise with our new Vice-President over summer to get new Gryphons caps ASAP (ideally prior to the first BUSL Gala next season)
- ◇ Increase S&C allocation by speaking to Jacob and Tim to try and gain more sessions and hence more space
- ◇ Encourage a greater performance presence at social and try to more frequently organise performance specific socials, especially as this will help integrate new swimmers as quickly as possible
- ◇ Take a larger squad to the hopefully expanded BUCS SC, therefore giving more people a chance to compete at a BUCS



Performance swimmers summed up in one pic

