

<i>Identify Hazards</i>		<i>Estimate the risk</i>			<i>Evaluate the risk</i>				<i>Evaluate residual risk</i>
Hazard	How may harm result?	Li ke lih ood	S e v er ity	Ra ti ng	Risk control measures	Li ke lih ood	Se ve rit y	Ra tin g	Further action required? <i>Only fill out if additional control measures are needed to be implemented or reviewed</i> Include timescales and who is responsible for implementation
Fixtures	Collisions with other players, unsuitable surfaces causing slips, foul play, collision with goalposts, physical / verbal assault.	4	3	12	Referees used to maintain control over players safety, First Aid Kits, First Aid Training, Concussion Training given to members of staff on site, or committee members, Prior Assessment of Venues to prevent hazard.	3	1-4	6	
Training	Collisions with other players, unsuitable surfaces causing slips, foul play, collision with goalposts.	3	3	9	Controlled training sessions (emphasis on avoiding aggression), first aid kits, first aid training (given to at least 3 members of the squad), concussion training, ensuring upkeep of facilities.	3	3	9	
Travel Related Injury	Car / Coach crashes.	1	5	5	Travel as a team and bring a first aid kit along regardless of transport type or length.	1	4	4	
Society members	Members of the society	1	4	4	In this case, it is vital we ensure that all drivers are well rested,	2	4	8	

travelling at varying times of the day	may have to drive other members to away fixtures. In some cases these fixtures may mean travel in the dark may be required. This can be significantly more dangerous than daytime driving.				and in a suitable state to drive, i.e. no influence from substances, sufficient sleep, sufficient food. Travel routes must be clear and made available to drivers in plenty of time prior to the fixture date.				
Over-exertion and fatigue in competition	Due to the fast-paced and highly physical nature of the game, fatigue and cramp is possible which may lead to injury.	4	2	8	Implement a well-structured warm-up and cool down before and after both training and matches. Educate players on the causes and resolutions for fatigue and maintain high levels of communication between committee and players throughout. Encourage hydration with fluid and electrolytes, provide sufficient rest to those who need.	3	1	3	
Jewellery	Players may wear jewellery. This may include earrings, bracelets,	3	1	3	Ensure all players are aware of the risks of wearing jewellery whilst playing contact sports. For game days, make sure players listen to and respect the referee's authority when asked to remove any jewellery. For	2	1	2	

	necklaces. This may lead to cuts and injuries to the body.				training, ensure that committee members take up a role where no player is permitted to train whilst wearing jewellery.				
Verbal assault from players	Players may direct verbal assault to members of an opposing team or official	2	2	4	Ensure all society members are aware that our society tolerates zero abuse towards anyone. This includes players, managers, referees.	2	1	2	
Verbal assault directed at players	Players may receive verbal assault from members of an opposing team. This can have detrimental effects on both performance and more importantly mental well-being	4	2	8	Ensure all members of a society are educated on how to deal with verbal abuse, with emphasis placed on not rising to verbal abuse and directing it back at an individual. Also ensure that all members of the committee are approachable in case of a scenario where an individual has been affected by verbal abuse.	4	1	4	
Placement of equipment	Harm to participants resulting from trip/collision hazards	2	2	4	Ensure equipment is not left out in places where they could be potential trip hazards. Ensure equipment is stored properly as per the Edge training.	1	2	2	
Setting up of equipment	Incorrect setting up of goals can	2	3	6	Ensure equipment is set up correctly as per the Edge training.	1	3	3	

	result in the collapsing of said goals which has the capacity to cause potentially severe bodily harm.								
Members of the public / other students (spectators) verbally abusing players at fixtures	Participants at risk and also members of the public if the incident escalates/there is retaliation May cause distress or physical injury	4	2	8	Have de-escalation plans in place and ensure members don't react negatively to spectators If there is any mental distress, ensure that dialogue with the welfare secretary is established and followed up Reporting incidents to LUU as required	4	2	8	
Over-exertion, tiredness, cramp when participating in activities	Harm caused to participants when persevering through these issues e.g. fainting, dehydration, muscle strains etc.	3	3	9	Ensure members are aware of what the session involves and know their fitness limits Advise on the need for hydration/nutrition Monitor the perceived state of all participants and advise on when to stop if they look over-exerted	2	2	4	
Illicit substance use	Member overdoses on illicit substance causing potential serious harm	2	4	8	Ensure that a clear code of conduct is given to our members before the stay away to explain a zero-tolerance on illicit substances and the repercussions Committee to deal with individual and remove from activity if	1	3	3	

	<p>to health/threat to life</p> <p>Criminal charges for members using or possessing illicit substances</p> <p>Potential negative impact on the club and university's reputation</p>				<p>breaching the rules/code of conduct</p> <p>If needed, members breaking the rules will be sent home or if not possible another punishment will be given, such as a suspension or dismissal from the society.</p> <p>Knowing when to report to emergency services- immediately contact 999 if any major incidents occur.</p> <p>Reporting incidents to LUU as required</p>				
Failure to report an accident	<p>Reputational damage for club and university.</p> <p>Lack of support from LUU staff as they are unaware of incident</p>	2	2	4	<p>Educate members and committee members on the importance of reporting all major incidents to LUU – so that the society can continue operating as we wish it to</p> <p>Report problems to committee members who can talk to relevant staff in LUU as required</p> <p>Reporting incidents to venue staff as required</p> <p>Knowing when to report to emergency services- immediately contact 999 if any major incidents.</p>	1	2	2	
Members being unaware of the contents of the	Leads to injury where the member	2	3	6	Upload to private Whatsapp group and LUU webpage	1	3	3	

risk assessment	doesn't know the correct procedure for the day to day runnings of the club and activities				Hold a meeting specifically to brief members on risk assessment and emergency procedure.				
Member being unaware of emergency procedures (fire evacuation, point of contact)	Leads to injury in an emergency situation where the member doesn't know the correct procedure e.g. where the nearest fire escape is.	2	4	8	<p>Upload to relevant event page as changes for each event</p> <p>Advise all members of the location of the agreed emergency assembly point and who will authorise a return to the site</p> <p>At the beginning of every event, hold a meeting with all members regarding the emergency exits as well as the procedures .</p>	1	3	3	
A club member either is currently ill, injured or has pre-existing medical conditions	Leading to participant injury, spread of an illness, an allergic reaction, exacerbating an existing condition or pre-existing injury.	3	3	6	<p>Ask members to notify us of conditions or allergies so we can monitor them</p> <p>Check in with members prior to activities/training/events to ensure everyone is in a fit state to participate, mentally and physically.</p> <p>On an individual basis modify activities, altering access arrangements where necessary.</p> <p>Individuals should make coaches/instructors aware of any medical conditions, allergies or pre-existing injuries.</p> <p>Individuals are responsible for</p>	1	3	3	

					bringing any medicine or specific equipment they require to sessions e.g. inhaler, epipen, ankle support.				
Unsuitable room for activities planned or a large number of people.	<p>Harm to attendees resulting from collisions in a room too small for the number of members</p> <p>Unsuitable flooring leading to slips/trips</p> <p>Lack of fire exits resulting in harm where there is an emergency</p>	2	2	4	<p>Ensure surfaces are even and secure</p> <p>Ensure space is suitable for the amount of people- do not exceed advised room capacity.</p> <p>Keep the space tidy</p> <p>Report any issues with the room to duty management or venue staff.</p>	1	2	2	
Separation from group	Someone gets lost and comes to harm/misses event	2	3	6	<p>Whatsapp group for communication between members, contact details given for committee members running the social / event.</p> <p>Ensure at least 1 phone charger is present between the group, in case a phone dies, and means contact is impossible.</p> <p>Ensure that all members know the route plan for the particular event so they can head there</p>	1	3	3	

					<p>Pre-arrange a meet up point in the event of a member becoming separated.</p> <p>Ensure when travelling as a group one committee member is at the back of the group and one at the front to avoid people getting lost or left behind.</p>				
Influence of alcohol	Alcohol affecting judgement leading to physical injury or abusive behaviour to self or others.	3	3	9	<p>Have dedicated committee members who stay sober/alert to ensure nothing goes wrong</p> <p>Reporting issues to event staff (e.g. bouncers)</p> <p>Communication of code of conduct</p> <p>Ensure all members share emergency contact details prior to the event</p> <p>Be willing to cut people off or talk to a member of staff at the event about putting measures in place for someone who has drunk too much, e.g. staff not serving them anymore</p> <p>Have alcohol-free socials</p>	2	2	4	
Excessive alcohol consumption, alcohol poisoning and associated	Member suffering from alcohol poisoning and other associated	2	4	8	<p>Emergency contact details of committee members, ensure the committee knows when its an emergency that needs to involve emergency services</p>				

illnesses	illnesses				Knowing when to report to emergency services- immediately contact 999 if any major incidents.				
Drink spiking	Leading to unusual behaviour/loss of consciousness and other serious health issues	2	4	8	Reporting issues to event staff (e.g. bouncers) Make sure that attendees are aware of the risk and educate them on how to make themselves less likely to be a victim of spiking				
Inappropriate behaviour/offence caused to others	Could result in physical violence, causing someone to be affected physically/mentally	2	3	6	Committee members diffuse situations and remove members if necessary Ensure members are aware of standards of behaviour and potential consequences if they do not adhere to them e.g. removal from activity/playing ban/exclusion of club Plan events carefully to avoid offence being caused Report any incidents to LUU.				
Abuse/violence (verbal, physical,	A member or other attendee is	2	4	8	Look out for everyone and post on social pages to keep groups				

sexual)	harmed when verbally/phy sically/sexual ly assaulted				<p>together</p> <p>Reporting issues to event staff (e.g. bouncers)</p> <p>Stay with members of the club, keep each other safe and exchange contact details before all events</p> <p>Avoid any verbal or physical confrontation when out (no offence caused to others)</p> <p>Ensure members are aware of standards of behaviour and potential consequences if they do not adhere to them e.g. removal from activity/playing ban/exclusion of club</p> <p>Knowing when to report to emergency services- immediately contact 999 if any major accidents or injuries occur.</p>				
Excessive noise/loud music at socials	Member suffering damage to hearing	2	3	6	<p>Be aware of members' conditions and notify them of something that may affect them - make sure that it is known beforehand that there will be loud music</p>	1	2	2	

					<p>Where possible, ensure music is kept to a reasonable volume</p> <p>Encourage use of ear plugs.</p>				
Transport cancelled or breaks down to or from social event	<p>Resulting in issues getting to event/being stuck in an unknown place</p> <p>Member could get lost in an unknown place and come to harm</p>	3	2	6	<p>Group travel, meet at university locations before and have checklists.</p> <p>Make sure all members are able to be contacted and have relevant member contact details</p> <p>Arrange a meet up point in case of separation.</p> <p>Ensure all members know the way to each event's location prior to the day of the event.</p> <p>Ensure transportation is booked well in advance with a reputable company and that good relationships are maintained with the external companies used.</p> <p>Prepare for this - have train times, public transport and vehicle recovery numbers written down</p>	2	1	2	
Night time	Member could get lost	3	2	6	Route posted before, locations addresses posted and contact	1	2	2	

navigation	in the dark or slips/trips/falls causing injury from an unseen hazard				<p>details.</p> <p>Travel on well-lit routes with adequate street lighting</p> <p>Not travelling alone to events or having means to contact a member of committee on the journey</p>				
Society members driving to training centres or socials	<p>Inexperienced driver causing a crash.</p> <p>Poorly maintained car.</p> <p>Distractions causing a driver to crash.</p> <p>Affecting both the driver and members of the public also driving</p>	2	4	8	<p>Drivers must have completed a LUU authorised driver form and be approved by LUU. (providing DVLA licence details, if using own vehicle providing MOT, insurance and breakdown cover details)</p> <p>Members must respect the driver and not distract them or behave inappropriately.</p> <p>Follow LUU guidance on reporting/logging the accidents/incidents.</p> <p>Knowing when to report to emergency services- immediately contact 999 if any major accidents or injuries occur.</p>	1	3	3	

	on the roads								
Unsuitable transport to and from activity	<p>Member could become involved in a crash or incident</p> <p>Member could get lost in an unknown place and come to harm</p> <p>Resulting in issues getting to event/being stuck in an unknown place</p>	2	3	6	<p>We run to and from sessions. group travel to events on group coach</p> <p>Ensure transport is booked well in advance with a reputable company and that good relationships are maintained with the external companies used.</p> <p>Make sure all members are able to be contacted and have relevant member contact details</p> <p>Arrange a meet up point in case of separation</p> <p>Ensure any accessibility requirements are met</p>	1	2	2	