



WELLBEING SEC

ANYA GRIEVE



WHY VOTE FOR ME

- QUICK RESPONSES TO SOCIAL MEDIA MESSAGES AND CONCERNS
- EMPHASIS ON PHYSICAL HEALTH AND MENTAL HEALTH - COLLABORATING WITH OTHER SECS TO SHARE LINKS TO SPORTS/FITNESS SESSIONS AND WELLBEING STRATEGIES
- REGULAR POLLS AND Q&AS TO FIND OUT WAYS POLISSOC MEMBERS CAN BE BETTER SUPPORTED!



I HAVE LOVED THE SENSE OF COMMUNITY SOCIETIES BRING TO UNI LIFE AND HOPE TO PLAY AN ACTIVE ROLE IN CREATING A WELCOMING AND SUPPORTIVE POLISSOC IN THE COMING YEAR.



ABOUT ME

- FIRST YEAR INTERNATIONAL HISTORY AND POLITICS STUDENT
- PASSIONATE ABOUT STUDENT MENTAL HEALTH
- FRIENDLY AND APPROACHABLE, I AM DEDICATED TO ENSURING THE WELLBEING OF POLISSOC
- EFFICIENT COMMUNICATOR, ALLOWING FOR A COHERENT AND RESPONSIVE SYSTEM TO DEAL WITH STUDENT CONCERNS



WHY WELLBEING?

I UNDERSTAND THAT UNI CAN BE TESTING: DEADLINES, READINGS, BALANCING A SOCIAL LIFE ... SO I HOPE TO PROVIDE AN INCLUSIVE AND COMPASSIONATE SOCIETY TO HELP POLISSOC MEMBERS GET THE MOST OUT OF THEIR EXPERIENCE!