

Cath for Welfare Secretary

A bit about me:

Hello, my name's Catherine Brooke and I joined SWP last year (as a uni fresher). I was a swimmer before uni but decided to try water polo to see what it was like to be part of a team and I loved it although, I'm still getting the hang of it. I was completely terrified when I moved to Leeds but I joined SWP and have never looked back. It was such a welcoming and friendly environment that I am proud to say I have become a part of and as Welfare Sec it would be my role to maintain that environment of inclusion and safety which I am so grateful to have had in my first year.

Mental health/ wellbeing:

I want to use this role to ensure that each individual member of SWP enjoys being part of the society and whether someone has an issue relating to the society or not they are welcome to come to me with it

What is currently offered:

1. **Opinion Polls** (to voice any concerns)
2. **Welfare/ society families**
3. **Sober socials**
4. **Any suggestions** or additional ideas- please let me know

My aims and goals:

- I want to ensure SWP is an **inclusive** society where all its members feel **welcomed** and **respected**
- I aim for anyone who is considering joining the society to be **immediately incorporated** into it
- I aim to be a clear **spokesperson** for anyone who feels they want to voice any concern or issue
- I want to create an atmosphere of **safety** in which no one feels pressured or stressed
- I want all individuals to feel they can come to me or another welfare sec with an issue and that it will be dealt with effectively

Why me?

1. **Reliable:** As some members of the society will tell you I automatically go into mother mode when we are out, if needed I will be a shoulder to cry on or a friendly face to chat with pre/ at/ post socials and events
2. **Compassionate-** I know that uni and societies can be intense sometimes and will be able to offer some solace for this stress even if its just through listening to a much needed rant
3. **Friendly/ sociable-** I love the socials and all their antics so will be present at all of them and of course want to involve and chat to as many of you as possible! EVERYONE is welcome

