

JUSTIN FOK

FOR EXTERNAL VICE PRESIDENT



WHY THIS POST?

I am confident that I will thrive in this position, having the communication and interpersonal skills gained through getting involved in various events and associations. My background experiences on organising and planning events helped me a lot on working with others, which developed my negotiation and time-management skills. As an outgoing and sociable person, I have known friends from other universities that have also taken part in PASS, at the same time, I am also willing to meet more friends from different universities to expand my social circle and most importantly, to assist and help the freshers in Leeds when they are in need. I really look forward to contributing my past experiences and equipped skills to this position if given the opportunity.

EXPERIENCE

Previous Involvement in HKPASS 2021-22

- Pre-Departure Talk
- Orientation Day
- Orientation Camp
- Campus and City Tour
- Sub-committee Interview
- Chinese New Year Dinner
- ManPASS Flagship Detective Game: Strategum
- PRIMAVERA Midlands Alliance Charity Ball
- AGM induction


University


- Sub-committee of LEEDSHKPASS 2021-22
- MC of PRIMAVERA MA Charity Ball 2021-22
- Member of KDS Leeds 2021-22
- Performer in LUU Dance Showcase 2021-22


Secondary School


- Human Resources Committee Chairman of Students' Association
- Organising Committee and MC of Christmas Ball
- Organising Committee of Sponsored Walk
- Event Planner of Leadership Training Camp
- Member of Cheering Team
- House Committee
- Member of Choir
- 165th anniversary carnival helper
- Member of Red Cross
- Participated in Joint School Community Service Project
- Outstanding Member of Community Youth Club
- Visited Singapore and Malaysia for volunteering work on behalf of Education Bureau

CONTACT

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EDUCATIONS

St. Paul's College

2015-2021 (FORM 1-6)







University of Leeds

BSC PSYCHOLOGY
2021-2024

CONNECTIONS

- University of Birmingham
- University of Manchester
- University of Bristol
- University of Nottingham
- University of Warwick
- Imperial College London
- University College London (UCL)
- University of Exeter
- University of the Arts London (UAL)
- University of East Anglia (UEA)
- Cardiff University
- Newcastle University
- Queen Mary University of London
- King's College London (KCL)
- University of Cambridge
- University of Oxford
- University of Reading
- Loughborough University
- Durham University
- Swansea University
- University of Reading
- University of Kent
- University of Sheffield
- University of Liverpool
- London School of Economics (LSE)
- University of York
- Lancaster University

SKILLS

Problem Solving	
Communication	
Time management	
Critical thinking	
Leadership	
Organisation	

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DIRECTIONS AND APPROACH

External

I strive to host a flagship event for LEEDSHKPASS and join more other flagship events from different universities so as to make good connections with other universities and at the same time maintain a good reputation of LEEDSHKPASS. Example of flagship event could be talent quest, city tracing or macro board game. Therefore, members in Leeds could also have the opportunity to know more HK people from different universities, expanding their social circles. At the same time, I also wish to strengthen the bonding in midland alliance by organising and collaborate more events together.

Internal

I aim to maintain a good relationship with members, sub-committees and committees, therefore more internal events should be launched, such as social gathering, workshops etc, so as to strengthen the bonding between HK people in Leeds, especially freshers, as they may find a bit hard on knowing people in a new environment. I hope that I can also help freshers to get into the university life by supporting them if they need help and answering their enquiries, knowing that they might feel stressful when studying abroad.

2022-2023 Timeline



FOR LEEDSHKPASS

June

- Academic Fairs

July

- Pre-departure talk
- Exeter Joint PASS social

August

- Orientation Day
- Reception Day
- Joint PASS HK charity market
- Cross-PASS volunteering activity

September

- Orientation Camp
- Campus & City Tour
- Freshers Fair
- IKEA trip

October

- Start of Semester Dinner
- Give it a go
- Running Bath

November

- Sub-committee Recruitment
- Bonfire Night
- Exeter Forum
- Birmingham Public Speaking

December

- Christmas Ball
- Social Service

January

- Chinese New Year Dinner
- Warwick Flagship Photo Comp
- Charity Sale

February

- LSE forum
- Bristol Flagship BRISM
- LEEDS Flagship Event
- UCL Flagship amazing raise

March

- Cambridge inter-university quiz
- Internal Event by sub-comm
- MANPASS Detective Game
- Durham Business Challenge

April

- York Conference
- Annual General Meeting Induction
- Annual General Meeting