

CLUB AND SOCIETY RISK ASSESSMENT		Degree of Risk		Risk Rating Matrix						
Society Name:	LUU Women's Basketball	Likelihood		Severity						
Category:	Sports	5	Inevitable	Likelihood		1	2	3	4	5
Author(s):	Aleks Saladziak	4	Highly Likely		1	1	2	3	4	5
Author(s) signature and date:	aleksandra 1/07/2025	3	Probable		2	2	4	6	8	10
Persons Responsible:	Club and society committees and leaders	2	Unlikely		3	3	6	9	12	15
Staff Sign Off:	[Signature] [Date]	1	Remote possibility		4	4	8	12	16	20
Staff Additional Check:	[Signature] [Date]				5	5	10	15	20	25
Locations:	The Edge Sports Hall 1b	Severity								
Details of Activities:	LUU Women's Basketball is a vibrant society full of compassionate women who join the society for social and/or performance commitments. Previously, we have trained twice a week in the Edge and play BUCS games home or away every Wednesday. The home games are also played in the edge sports hall 1b. Every Wednesday there is a	5	Very high - multiple deaths	Risk rating score		Action				
		4	Highly - death, serious injury, permanent disability	1 - 4	Broadly acceptable - no action required					
		3	Moderate - Off Uni/work for at least 5 days	5 - 9	Moderate - Reduce risks if reasonably practicable					
		2	Slight - First aid treatment	10 - 15	High risk - Priority action to be undertaken					
				16 - 25	Unacceptable - Action must be taken					

	social to celebrate the sport played during the day and these are held at one of the older girls' houses, most likely the social secretaries for the 2024/25 season.	1	Nil - Very minor		immediately
People who may be affected:	<ul style="list-style-type: none"> • Society members and participants • Members of the public • Staff 				



Identify Hazards		Estimate the risk			Evaluate the risk				Evaluate residual risk
Hazard	How may harm result?	Li ke lih ood	Se ve ri ty	Ra ti ng	Risk control measures	Li ke lih ood	Se ve rit y	Rat ing	Further action required? <i>Only fill out if additional control measures are needed to be implemented or reviewed</i> Include timescales and who is responsible for implementation
Physical injury during a game or training	Contact injury because of collision between two players causing sudden blow to body. Non-contact injury due to landing unevenly or stress/strain of muscle. Spectators or players are at	3	2	6	-Ensure appropriate warm-up prior to training/matches and cool downs after. -Appropriate footwear and clothing are worn by all players and coaches. -Jewellery should be removed and tape placed on piercings that cannot be taken out. -First aid is taken to every game and training session to reduce the consequence if injury does occur. This first aid kit is to remain adequately supplied and replacements are required after use. -All committee members are aware how to	2	2	4	

	<p>risk of being hit by the ball.</p> <p>Slips, trips or falls during the event.</p>				<p>deal with injuries such as who to contact.</p> <p>-High quality/qualified coaches lead the training sessions.</p> <p>-Spectators should sit at least one metre away from the court but ideally use the balcony and viewing areas to watch.</p> <p>-Spectators should be made aware of the risk of sitting on courtside.</p> <p>-The condition of the court should be monitor throughout gameplay. For example, if there is a spillage actions should be taken efficiently to remove.</p> <p>-Regulate inappropriate or dangerous gameplay by removing individuals who pose a risk to health.</p> <p>-Qualified first aid individual present at every training session or match.</p> <p>-Ensure adequate rest and recovery periods for injured athletes and encourage rehabilitation.</p>				
Equipment Hazards	<p>Faulty equipment such as faulty hoops may cause breakage and injury.</p> <p>Inappropriate equipment such as using the wrong ball size.</p>	1	2	2	<p>-Ensure the quality of hoops is checked regularly and if issue is detected abstain from using until appropriately resolved.</p> <p>-Make players aware of the risk of wearing worn-out shoes and encourage buying shoes with good ankle support.</p> <p>-Pause play if laces are undone.</p> <p>-Ensure equipment audit is up to date and checked regularly.</p>	1	2	2	
Environmental Hazards (playing surfaces, lighting)	<p>Increased risk of falls if playing surface is unsuitable.</p> <p>Poor lighting may result in</p>	1	2	2	<p>-Prior to training or gameplay, the court should be checked by a member of the society and action taken if any unusual substances are identified such as broken glass.</p> <p>-In the result of unprecedented issues</p>	1	1	1	

	difficulty seeing the ball or players around you.				such as no lighting the game or training session should be postponed.				
Injuries due to pre-existing conditions	Athletes are unaware of the risk of sustained, high intensity training post injury. Infections which could easily spread in sports hall as not well ventilated.	2	3	6	<ul style="list-style-type: none"> -Encourage athletes to seek medical assistants. -Support athletes in the recovery process through providing psychological support. -Form is sent out at the start of the year so committee members and coaches are aware of any athletes who have previously been injured. To further implement safety prior to every training session it is questioned whether anyone is injured. -If an individual is ill, they are told to not attend training or asked to leave at the beginning of the session. 	1	3	3	
Travelling via coach to BUCS away games and tournaments.	Risk of being involved in a road-traffic accident. Risk of coach/players/spectators being stranded at the site of match.	2	3	6	<ul style="list-style-type: none"> -Ensure committee members are aware of the number of individuals travelling to and from the event. Accurate head count is completed before leaving the performance venue. -A central meeting spot and time is communicated to students. -Ensure mandatory safety whilst on-board the coach such as wearing seatbelts, no anti-social behaviour. -If concerned about travelling due to weather concerns or traffic contact the activities team prior to ask for advice. -Ensure no one distracts the driver during the journey. 	2	2	4	
Illness from social night out (including intoxication,	During the night alcohol consumption may result in lack of judgement.	2	3	6	<ul style="list-style-type: none"> -Committee ensure that the venue the social takes place is safe and secure. -In the result of high intoxication committee act sensibly and effectively. 	2	2	4	

falls, dehydration)	<p>Risk of individuals being separated from the society or anti-social behaviour to other members of the public.</p> <p>Effects of hangover can increase injury risk at training. Dehydration may cause fainting or lack of coordination.</p>				<p>Providing adequate first aid or seeking further medical assistance if required.</p> <ul style="list-style-type: none"> -Ensure that every night out there are designated members of the committee who act as welfare officers. -Committee contacts provided as emergency contact source for social event. -Ensure all members of society are aware that alcohol consumption is a personal choice, and individuals should not be peer-pressured into completing alcohol-related tasks if they don't wish to. -All committee members are aware of the officer code of standards. -Committee members should set an example for newer members of the society, discouraging anti-social behaviour. <p>-There are adequate water stations at training which should be used when needed.</p> <p>-If players feel unwell at any time during training they are supported by the coach or other committee members and encouraged to rest.</p>				
Lack of safety for disabled members	Increased risk of injury due to accessibility issues.	2	3	6	<ul style="list-style-type: none"> -Form sent out at the beginning of the year so coaches and committee are aware of any individuals who have disabilities. -Training drills are modified if required to fit the needs of disabled member. 	2	2	4	
Society members voluntarily driving to away tournaments or events.	Road-traffic incidents.	2	3	6	<ul style="list-style-type: none"> -Committee ensure that individual has full Clean Driving License. -Committee ensure that the driver has completed the authorised driver process with the LUU activities team ahead of the trip. -Committee members ensure that society members driving large vehicles have 	2	2	4	

					<p>completed MIDAS training through the LUU activities team.</p> <ul style="list-style-type: none"> -Driver is to drive responsibly and cautiously. -Driver is to check weather conditions prior to starting journey. -Driver is to pack first aid, blankets and supplies in case of an emergency. -Committee members have communicated how many members are in each vehicle and ensure accurate list of individuals attending the trip is compiled prior. 				
Electricity	<p>Electric shock due to direct contact with open wires.</p> <p>Faulty electricity causing fires or other hazards.</p>	2	3	6	<ul style="list-style-type: none"> -Ensure that electrical equipment is frequently checked and if issue is raised it is dealt with appropriately. -If there is an issue with electricity inform members of the society but don't intervene or try and fix the issue. 	1	3	3	
Fire	<p>Flames cause severe burning. High smoke inhalation can cause respiratory issues or choking. Building may collapse causing injury.</p>	2	4	8	<ul style="list-style-type: none"> -In the case of a fire alarm, the activity is immediately terminated. Members of society are told to remain calm and escorted to the nearest exit quickly and safely. -Fire exits within the edge sports hall are well lit and prior to the beginning of the season all members are made aware of their locations in case of a fire. 	1	4	4	
Height	<p>Falling from ladder when trying to retrieve basketball stuck in the net. Spectators falling from the</p>	2	4	8	<ul style="list-style-type: none"> -Committee members, coaches or technicians which have received ladder training are the only individuals able to perform tasks on a ladder. -To reach things from a height ensure a ladder is used instead of any other equipment which may be unsafe. 	1	3	3	

	balcony.				-Ensure spectators do not lean over the balcony or attempt to climb over the balcony.				
Housekeeping	Tripping over bags that aren't stored appropriately. Fire exits being blocked by equipment. Fires because of a build-up of materials.	2	3	6	-After training or matches ensure a member of the committee stores the equipment neatly in the cupboard in the correct allocated bags. -If required order new storage bags/units to ensure clean stowaway.	1	2	2	
Manual Handling	Back strain from picking up heavy items, i.e. picking up too much equipment at once. Strain through repeated back movements when bending to retrieve balls.	2	2	4	-Adopt the appropriate stance when lifting heavy boxes. -Ensure required members have reviewed the 'Keeping you safe at Work' course. -Ensure first aid equipment is present at all times.	1	2	2	
Slips, Trips and Falls	Tripping over items or slipping on wet surfaces. Falling from heights.	2	3	6	-If required committee members know how to contact LUU for help and support. -Bags and other personal belongings are stowed away from the court on courtside or behind benches. -If a spillage occurs, committee members act accordingly mopping up the surface. If court is wet, the gameplay is paused and floor mopped. -All areas of building are well lit to include stairs, sports hall, toilets and changing rooms. -Shoes are comfortable and grippy.	2	2	4	

