## Vote for Lucy

Hey, I'm Lucy currently in 1<sup>st</sup> year studying social policy, sociology and crime. I've been practicing yoga for around 3 years now and completely fell in love with how good it makes you feel physically as well as mentally. My favourite type of yoga is Ashtanga as it's very strength based and I love the challenge.





I think I will be a good support coordinator and fit in well with the committee as I am very organised and supportive and want to make people feel welcomed into the society whether they have done yoga before or not. I also think helping to organise socials would be really fun:)

## fun facts about me

- I've been on a yoga retreat in Morrocco
- My favourite pose is crow pose as it involves strength as well as halance

