

VOTE LUCY



I am running for **president** with a goal to make people feel welcomed into the society whether they have done yoga before or not



About **me**:

Hi, I'm Lucy currently in 1st year studying social policy, sociology and crime. My passion for yoga started around 3 years ago. Yoga is the highlight of my week as it provides both physical and mental benefits as well as being a good place to meet people with a similar mindset

Why I believe I would be a **successful** president:

- I have previous experience within the committee as a support coordinator organising socials such as tarot card reading and the collab with pilates society
- I regularly attend and check in classes and socials to connect with others within the society
- I also went to the retreat which gave me an insight on how to plan and organise any future trips
- I am organised and can work well in a team to ensure the yoga society continues to thrive !

My **plans** if I became president:

- Provide more information through our Instagram on the styles of yoga classes the society offers so people know what to expect when they enter a class
- Continue to arrange regular socials and collabs to maintain a good community
- 'Meet the instructors' - know who teaches what class, their yoga background and fun facts!
- Continue to listen to what our society members want and what the society can do to improve



Fun **facts** about me:

- My favourite yoga pose is crow pose as it involves strength as well as balance
- I love to travel- I did a gap year before coming to university
- I'm hoping to complete yoga teacher training in the future