

CLUB AND SOCIETY RISK ASSESSMENT		Degree of Risk		Risk Rating Matrix								
Society Name:		LUU DanceSport Society		Likelihood		Severity						
Category:		Dance		5	Inevitable	Likelihood		1	2	3	4	5
Author(s):		Rebecca Barnett		4	Highly Likely		1	1	2	3	4	5
Author(s) signature and date:		Rebecca Barnett 18/07/2025		3	Probable		2	2	4	6	8	10
Persons Responsible:		Club and society committees and leaders		2	Unlikely		3	3	6	9	12	15
Staff Sign Off:		[Signature] [Date]		1	Remote possibility		4	4	8	12	16	20
Staff Additional Check:		[Signature] [Date]				5	5	10	15	20	25	
Locations:		Michael Sadler LG.10 Refectory LUU studios Riley Smith		Severity		Risk rating score		Action				
Details of Activities:		Latin and Ballroom dance society teaching all abilities from beginners to advanced dancers. We hold weekly classes taught by professional coaches and weekly practices supervised by committee members. Throughout the year we attend competitions at other		5	Very high - multiple deaths	1 - 4		Broadly acceptable - no action required				
				4	Highly - death, serious injury, permanent disability	5 - 9		Moderate - Reduce risks if reasonably practicable				
				3	Moderate - Off Uni/work for at least 5 days	10 - 15		High risk - Priority action to be undertaken				
				2	Slight - First aid treatment	16 - 25		Unacceptable - Action must be taken immediately				

universities in places such as Manchester, Birmingham, Nottingham and Leicester.

1

Nil - Very minor

People who may be affected:

- Society members and participants
- Members of the public
- Staff, coaches

<i>Identify Hazards</i>		<i>Estimate the risk</i>			<i>Evaluate the risk</i>				<i>Evaluate residual risk</i>
Hazard	How may harm result?	Li ke lih ood	S e v er ity	Ra ti ng	Risk control measures	Li ke lih ood	Se ve rit y	Ra tin g	Further action required? <i>Only fill out if additional control measures are needed to be implemented or reviewed</i> Include timescales and who is responsible for implementation
Injury during lessons/practice	Dancers may injure themselves if they are not fully focused or fully warmed up.	2	2	4	Coaches and committee members will ensure all members are appropriately warmed up to avoid risk of injury. Coaches will only ask members to perform certain movements if they feel they are to an appropriate level. Members should inform committee/coaches of any existing injuries/ health conditions as to avoid any further harm. Committee	1	2	2	

					will keep record of all members and any existing health conditions they have. Members should engage with activities only insofar as they are able to without damaging their health.				
Trip hazards over furniture/ wires or other members.	If room is not appropriately sized/cleared there is a possibility of collisions with other dancers or furniture in the room.	2	2	4	<p>Ensure the space is clear of any possible hazards. Wires, chairs and tables are pushed to the side to ensure a clear space.</p> <p>Hold classes/practices in appropriately sized rooms such as Michael Sadler LG.10 and the refectory to limit any possibility of collision/tripping over other dancers.</p> <p>In cases where a session is crowded, members may be split into groups to take turns to avoid overcrowding.</p>	1	2	2	
Moving chairs/ tables in refectory	Injury due to lack of knowledge of proper way to move the chairs/tables.	1	2	2	<p>Ensure everyone has been shown the safe and best way to move the chairs/tables as to prevent any scope for injury.</p> <p>Table and chair moving duties should be shared by all members and committee present as to avoid undue physical strain on any individual.</p> <p>Those with existing injuries, in particular back issues should refrain from helping with tables</p>	1	1	1	

					and chairs.				
Slips, trips, falls	Whilst dancing dancers may be less aware of their surroundings making it easier to trip or fall.	2	2	4	Ensure the refectory/other venues are clear of spills from previous users of the space. This ensures the space is clear and safe to use. Ensure the space is tidy and all furniture is put away neatly so that there are clear spaces to walk onto the dancefloor. If the room is too crowded, members may be split into groups to take turns to avoid collisions which may cause falls.	1	2	2	
Over-exertion	If dancers are not appropriately warmed up or given appropriate rest it is easy to become injured or over tired.	2	2	4	Coaches should ensure there is an appropriate time for rest during each lesson. Members are permitted to drink water at any time. Members should inform the committee of any medical conditions/injuries that affect their ability to dance and coaches/committee should make accommodations if necessary. Members should engage in activities only insofar as it does not damage any health conditions.	1	2	2	
Faulty/broken dancewear	If there are broken tassels/rips in the	2	2	4	The equipment officer is responsible for any repairs of dancewear. Members should inform equipment officer	1	2	2	

	dancewear, the heels from the dance shoes could become caught and cause a fall. Broken heels may cause falls and injury.				immediately if there are any issues with dancewear such as broken tassels, ripped dresses that could cause a hazard. Any broken/faulty dancewear should not be given to members. Members should ensure they wear appropriate footwear in lessons and competitions. In instances they are not able to, committee should seek to provide them with appropriate/safe footwear.				
Society members driving to or from competitions.	Members are sometimes driven by other members to and from competitions. These often include early starts and late finishes. This could cause driving accidents due to tired drivers.	2	4	8	Where possible the committee will organise a coach to drive the team to and from the competition. This aims to avoid tired competitors having to drive. When this is not possible, members that are driving are strongly encouraged to have their hair done the night before to maximise sleep. If the competition is particularly far away, the society will leave early so that members do not get back too late. Drivers should be permitted to take breaks whenever needed to prevent overtiredness and loss of focus.	1	4	4	
Dehydration at competitions and during practice sessions	Competitions are long, physically demanding	2	2	4	At the start of the academic year the team captain will produce a packing list for each competition. This will encourage competitors to	1	2	2	

	days that when not properly prepared for can cause overtiredness, dehydration, fainting.				bring appropriate amounts of food and water for the day. Members should be reminded and encouraged to bring sufficient amounts of water to competitions.				
Injury due to people drinking alcohol	Alcohol can make people more accident prone/affect people's ability to judge what is safe.	3	2	6	As a society we do not promote drinking to excess. Committee members present are responsible for everyone's safety and should encourage people to not drink more/drink water if they are appearing drunk. We aim to have at least one sober committee member at every social.	2	2	4	
Electricity	Use of speakers could cause electric shocks or electrocution if direct contact is made with bare wires.	1	2	2	We will ensure that all speakers and any other electrical equipment are well-maintained, and members are careful when using them.	1	1	1	
Fire	Injury could be caused by heat or flames, or	1	5	5	We will ensure all society members know exactly what to do when a fire alarm sounds; all activity will stop immediately and members	1	4	4	

[illegible]